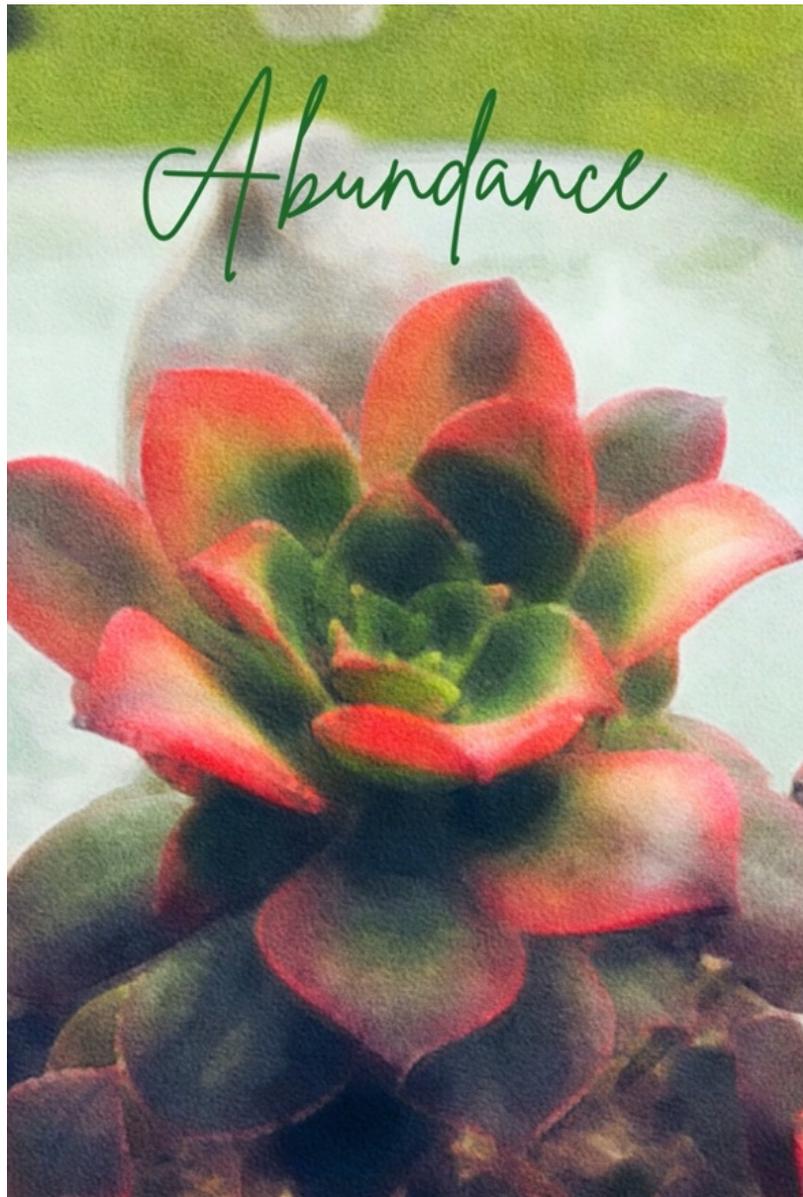


*The Jasmine in the  
Forest Oracle Cards*

*By Deb Carr*



## **ABUNDANCE**

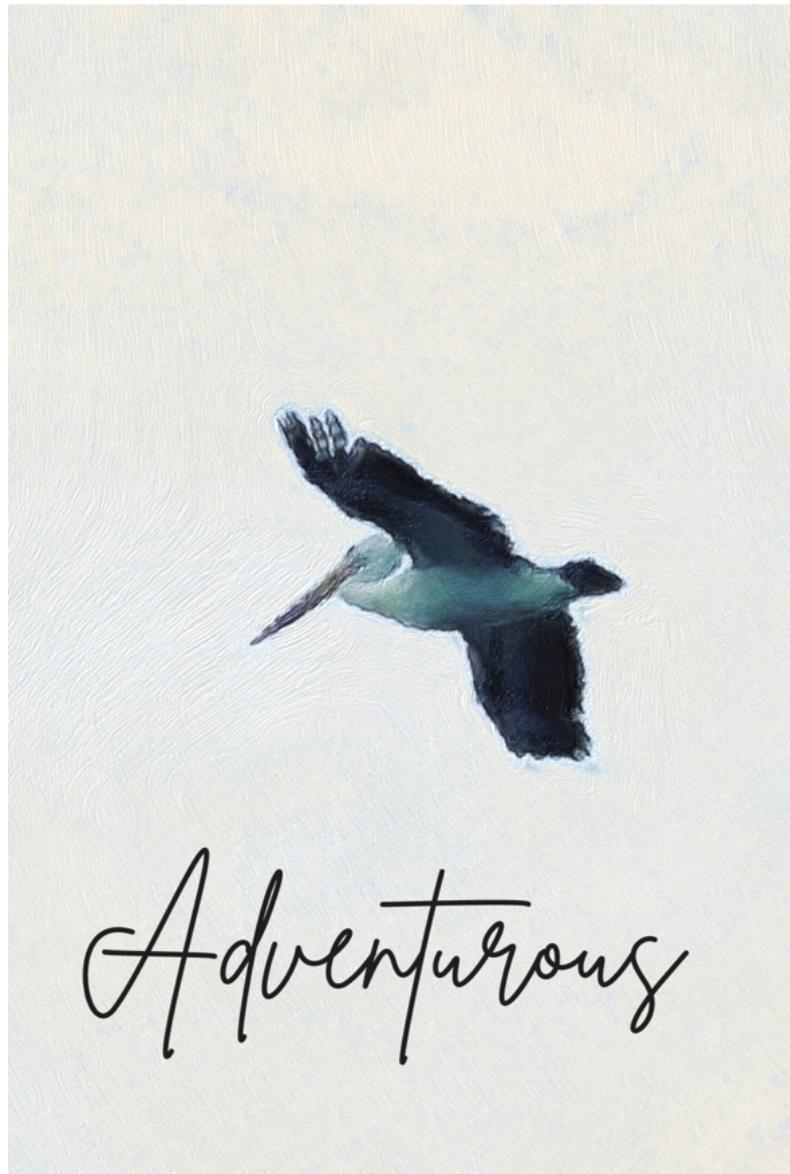
Abundance is your birthright; do you know that? Yes, you are entitled to have an abundant life just like everyone else who does. The problem is you don't let yourself receive it. To receive abundance, you must still your mind and think and feel what it is like to have what you desire. You may not win the Lotto, but you will attract plenty of opportunities to lead you in the right direction to live the life you want.

This card also reminds you that abundance does not only mean money. Look around you there is abundance everywhere. Just open your eyes.



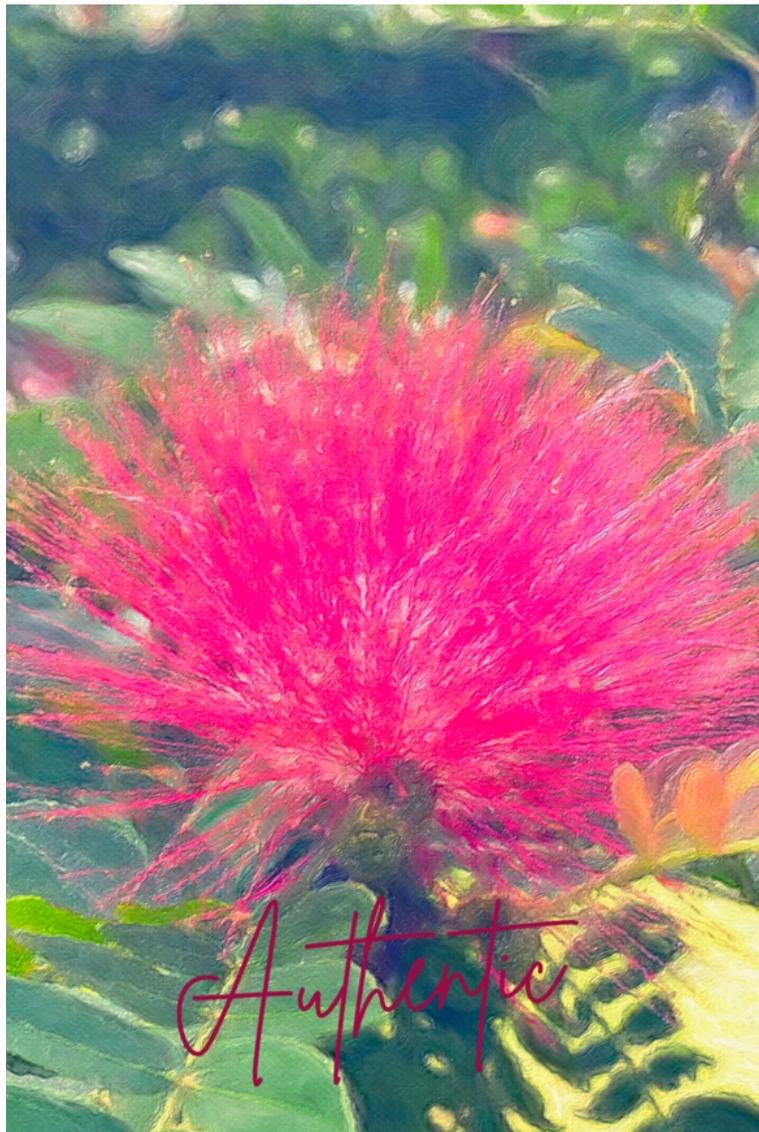
## **ACCOMPLISHMENT**

Have you recently accomplished something that you are proud of? If so give yourself a big pat on the back and now plan for your next challenge. If you are procrastinating about a project, then it is high time you got moving because time is running out. This book was written in 2020 during COVID where many people feel despondent and have thoughts that there is not much hope for the future. Now is the time to learn new skills, especially online and start thinking about what people out there want and would pay for? Don't be scared to put your ideas into action.



## **ADVENTUROUS**

When was the last time you did something adventurous? Maybe something out of your comfort zone? Has it been a while? Well now is the time do take off an adventure. Even if the bank balance is a little low right now there are plenty of adventures you can seek out for free. Explore national parks, find a secluded beach, go for a hike, try indoor rock climbing, climb a big hill, learn a new skill. The list is endless. If you are already an adventurous person keep going! Life is mean to be one big adventure, fun and exciting.

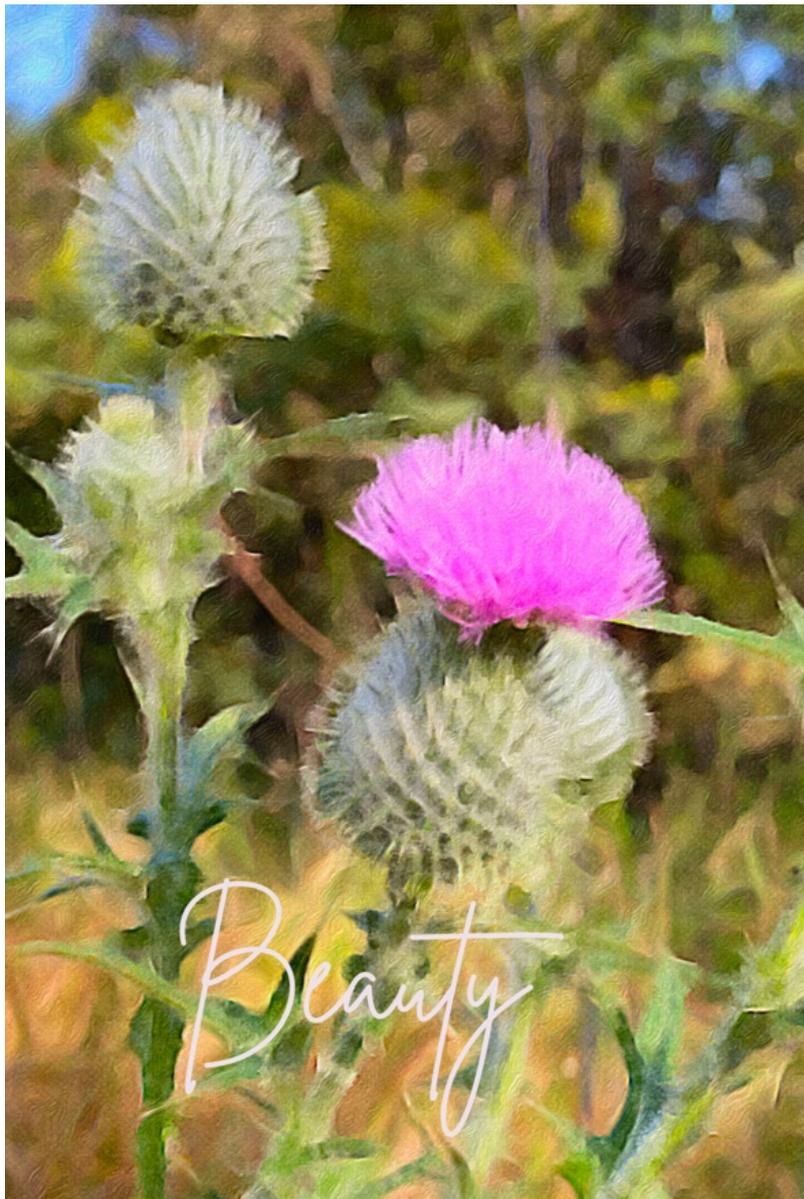


## **AUTHENTIC**

Are you being true to yourself and to others? To be authentic means that you act in ways that show your true self and how you feel. Some people only show a part of who they really are because they fear rejection, or they won't be liked.

You, as a person are whole and if there are parts of yourself that you don't like then you have the power to change.

The mind is a magnificent tool and you are the one in control of it. Go shine!



## **BEAUTY**

This card is actually of a weed! A thistle to be exact, a prickly sort of person! Yet in Spring it has its own inner beauty. Beauty is everywhere you just need to open your eyes and see it. This card reminds you to take a daily walk and look at the beauty all around you, especially in nature. Some of the smallest plants can be magnificent. Appreciation of beauty and nature is a form a gratitude and this is an emotion you should try to be in always.



## **CONTENTMENT**

This card is asking you are you content with the Status Quo? If not go after something better and don't settle for mediocre. With conviction, anything can be possible if you put your mind to it and set yourself goals.

On the other hand you may have chosen this card because you are actually so content you are bored. Now may be a good time to do some volunteer work, fundraising or something really special for someone else.



## **DIVINITY**

You are reminded that you are from the Divine. Tap into your Divine self when you are feeling lonely or afraid and remember that you can never be alone, you are always guided and loved. This card is an indication that you need to take more time to go within, ask for the answers you seek and always remember that coincidences are in fact messages from your Higher Self.



## **FORGIVENESS**

Isn't it time you let go of that anger and resentment and forgave yourself? Or maybe you need to forgive someone else that did something to you that you can't drop? Whether you are hung up on guilt about something you did and find it hard to let go, or there is someone you think you can't forgive, all you are doing is creating bad vibes for yourself and we all know where that leads to.

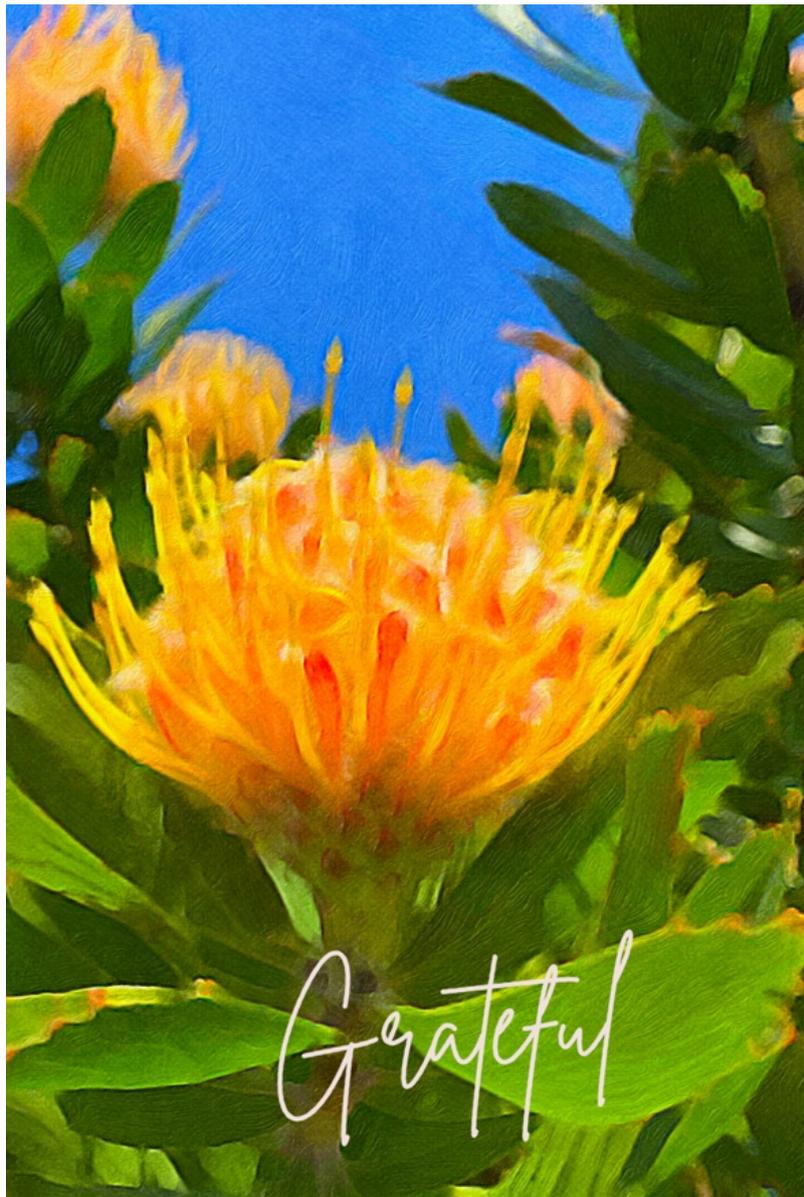
It's not an easy thing to do to forgive but if you keep that negativity bottled up you are punishing yourself and that's not love. Love is forgiveness and moving on.



## **FREEDOM**

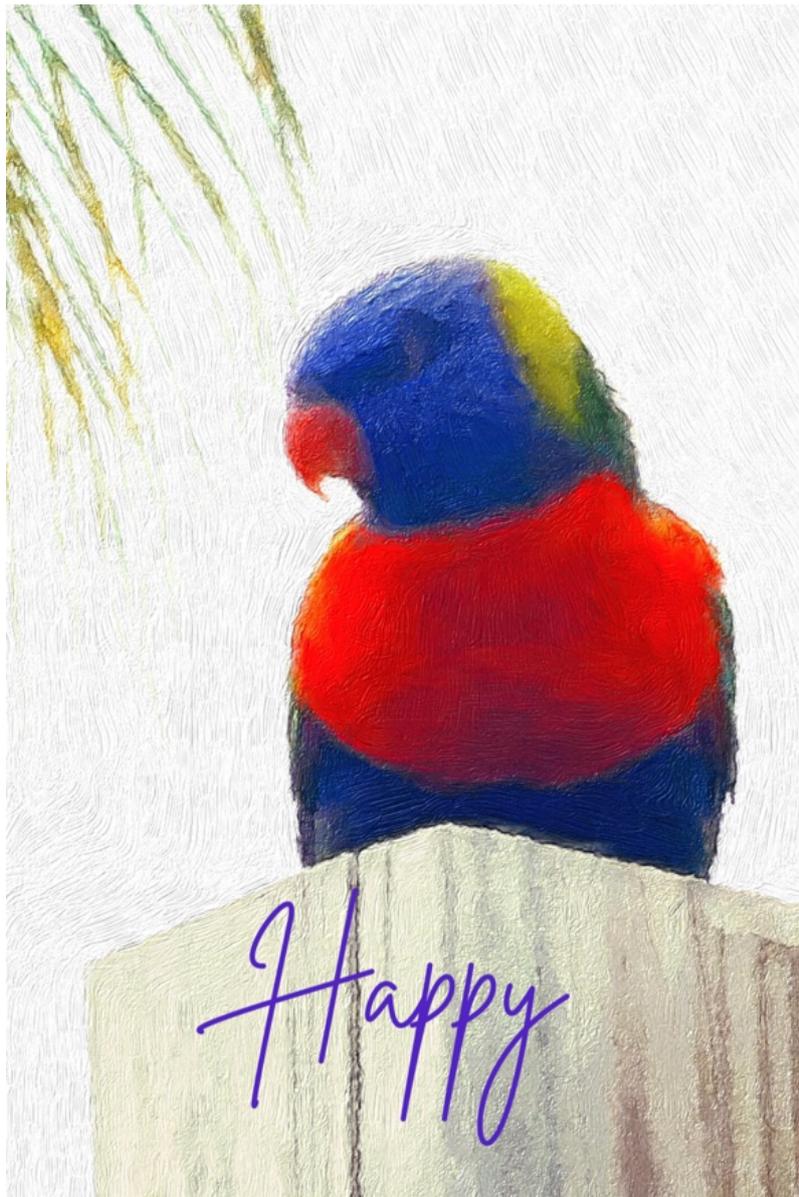
Do you feel trapped and unfulfilled? Maybe you are in a job that you really dislike or a relationship that you feel tied to with no escape. Well, here's the deal; in life you need to make your own luck. It is too short to be doing things you don't love.

Start taking some risks and grab your freedom back.



## **GRATEFUL**

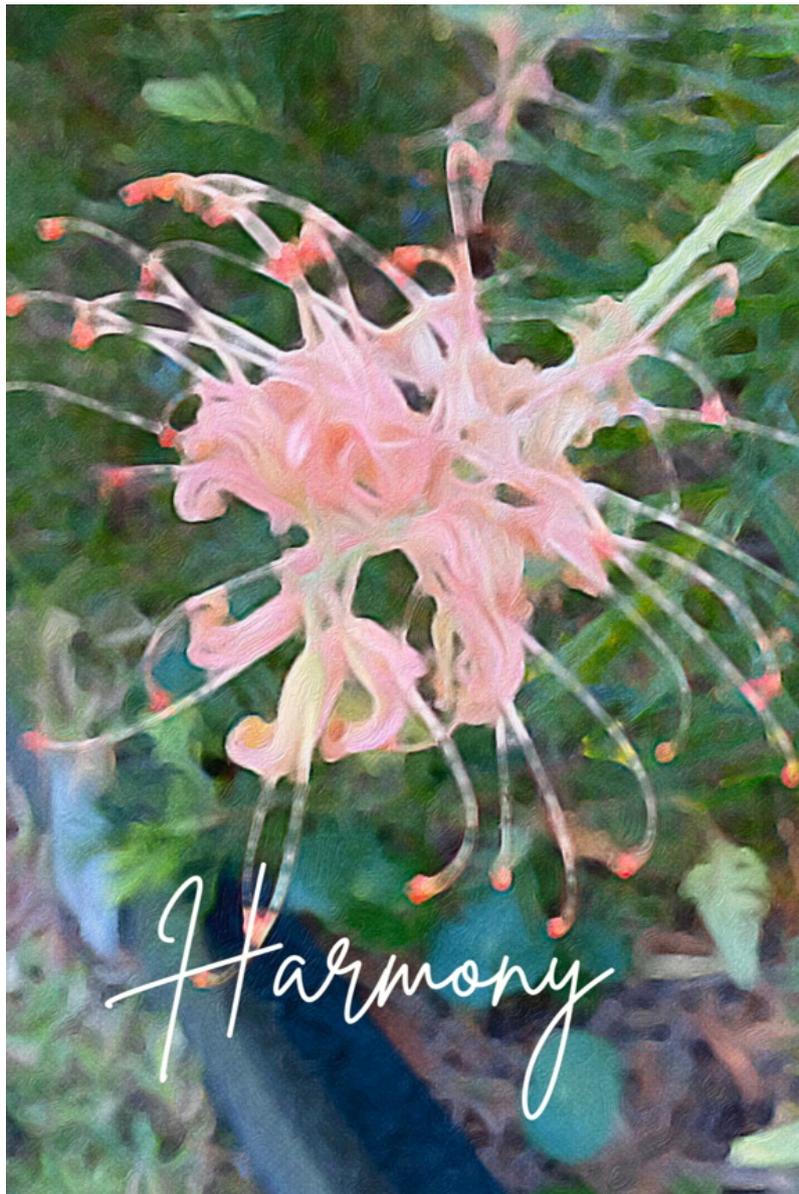
Gratitude is one of the most amazing emotions you can have. It is a high form of love. This card reminds you that you have a lot to be grateful for even if you think otherwise. The fact that you can read is something to be grateful for. Many can't. Instead of focusing on things you want start appreciating all the wonderful things in your life. Practice doing this every day, write it down in a journal. One good practice is to go for a walk and look around and see how beautiful the planet is. You can walk, breath, sing, dance and the list is endless.



## **HAPPY**

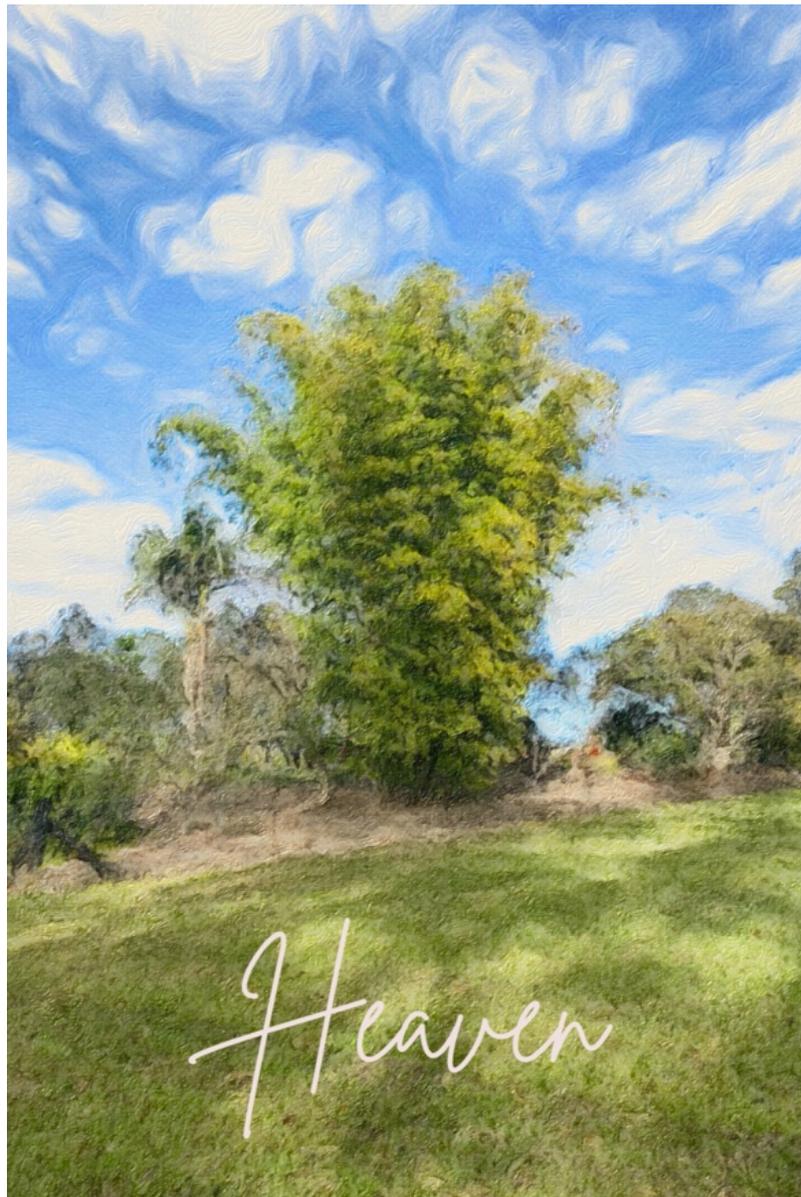
You are reminded that it is not a crime to be happy. In fact, it is a crime not to be happy! Happiness is a high vibration that can attract luck and your desires. Whenever you are feeling happy, stop and think about what you are trying to manifest in your life. Use your happiness as a creation tool.

If you are not feeling happy right now, keep working on yourself because you are the only one that can decide how you feel and how you react to circumstances and challenges in your life.



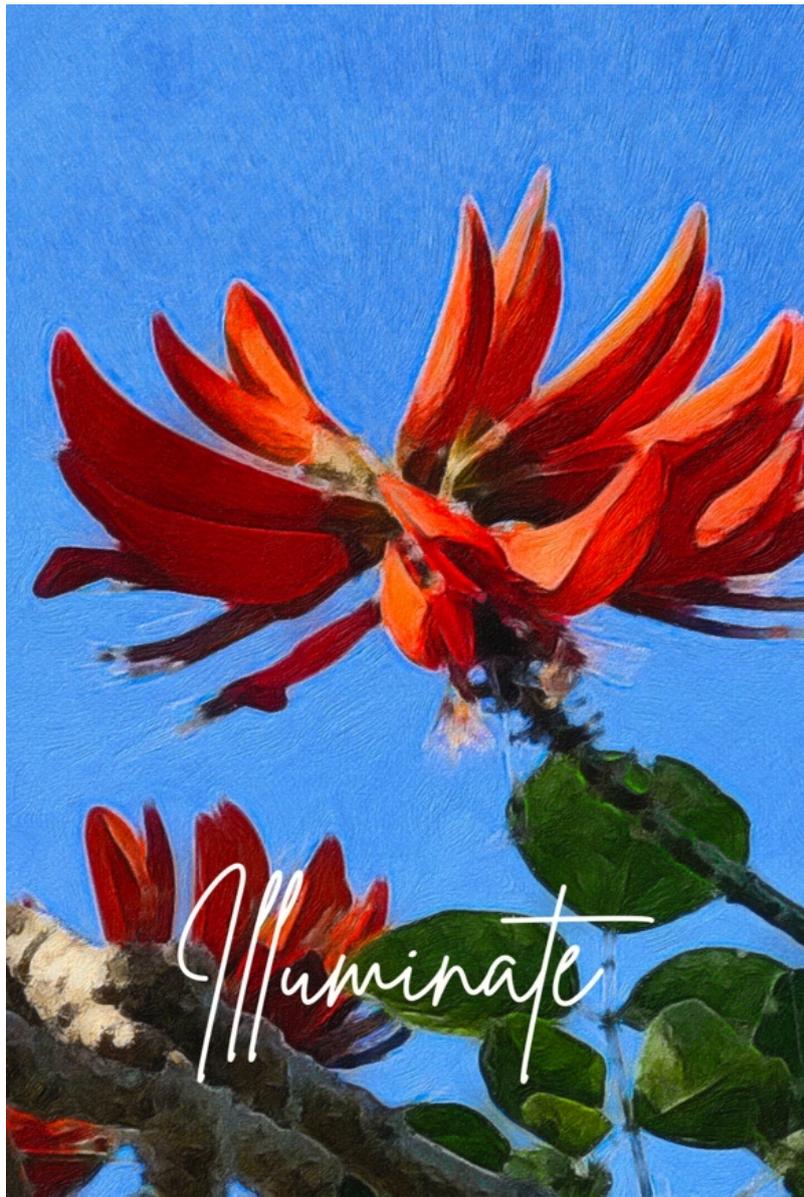
## **HARMONY**

When voices sing together in harmony they produce a beautiful sound because everyone is in tune. Now is the time for you to start making some harmony in your life. Whether it is with relationships or yourself. This card could also indicate harmony is needed in your body and it might be a good time to start eating nourishing foods and cut back on the things you know you should not be eating.



## **HEAVEN**

This card reminds you to make your own heaven on earth. If you were to think of heaven what would it be like? Maybe you have a beautiful garden, you listen to uplifting music, you see beauty all around, you are peaceful, calm, loving. Maybe you are in heaven doing something you love yet never made time for when you were in your human body. Could it be there is a budding artist waiting to paint magnificent artwork? Don't take life too seriously and make time to develop something you would really like to do.



## **ILLUMINATE**

You are a person who can light up a room with your smile. If you chose this card and are shy, then work on your confidence because deep down inside you there is someone who wants to be that person people flock to because of their personality.

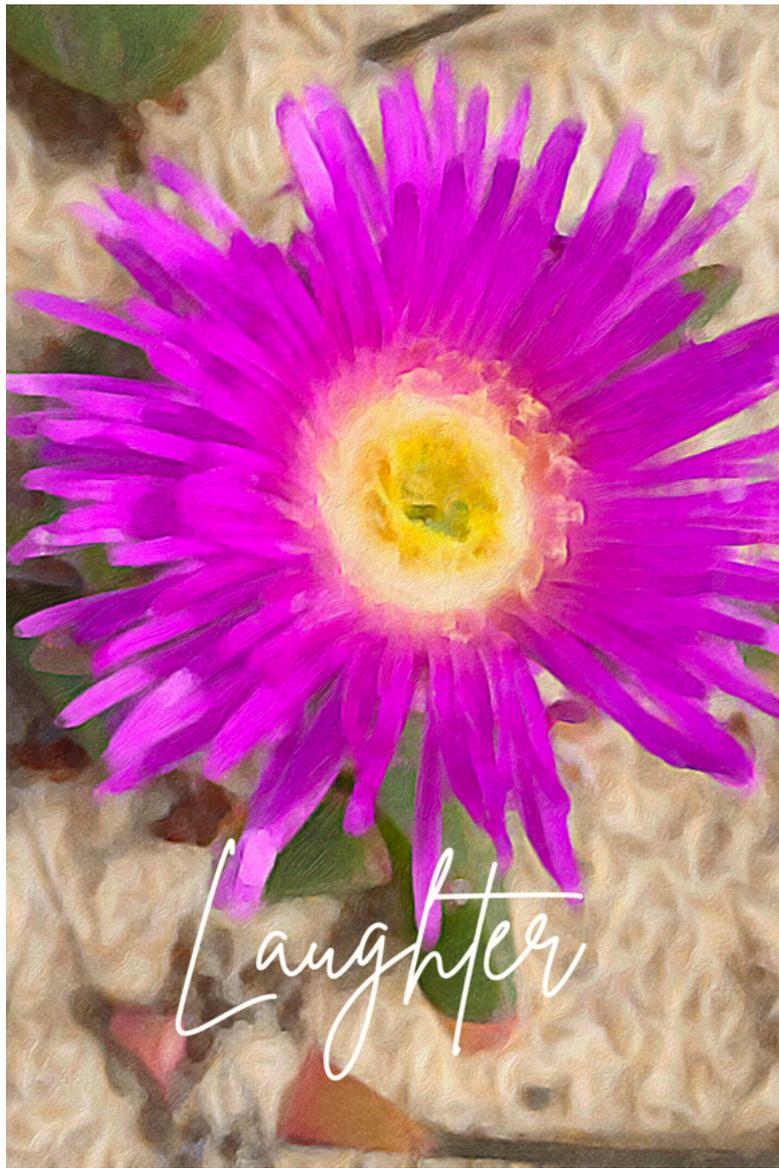
If you are already an illuminator now is a good time to help others brighten up their lives too. Maybe you could become a life coach or write a book? Keep shining and never stop!



## **JOYFUL**

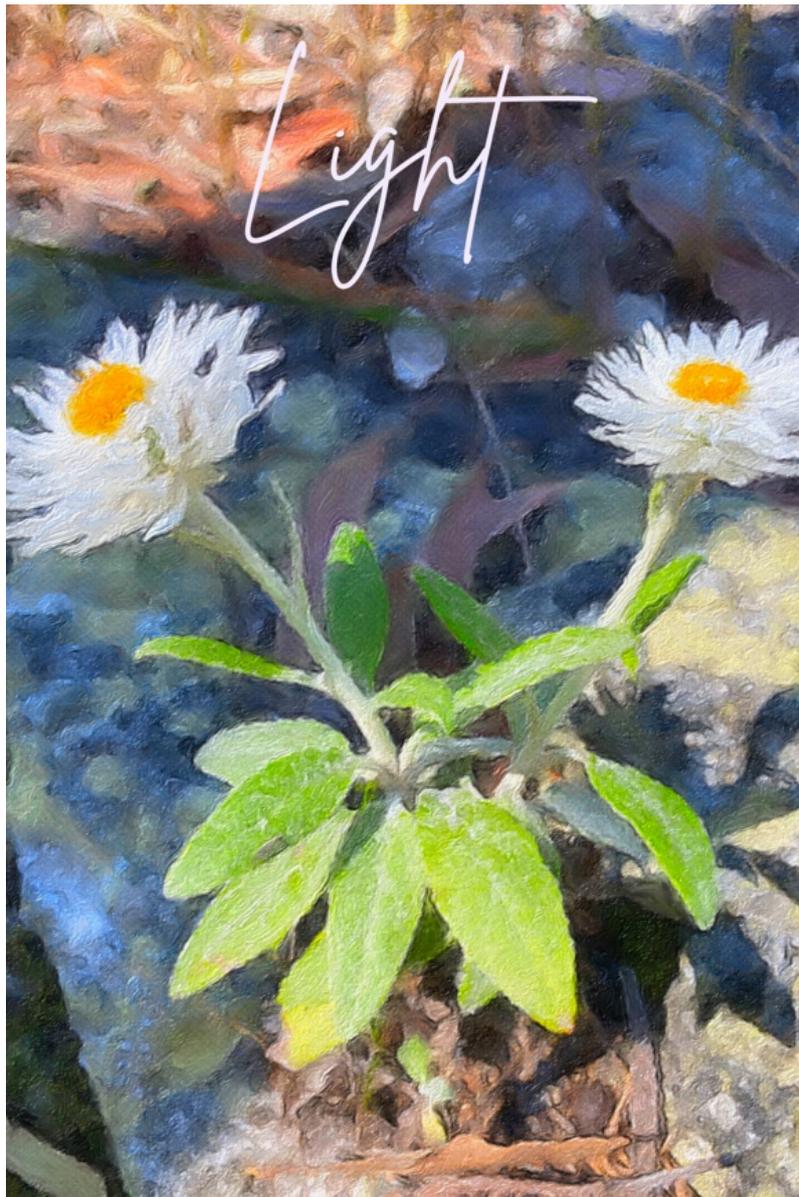
This card reminds you to be joyful and see the good in even the smallest things. Being joyful puts you high on the vibrational scale and when you feel these wonderful emotions is a good time to sit and contemplate on what you would like to attract into your life. Spread your joy around because it is infectious.

If you are not feeling joyful right now, then do something good for yourself that you might normally not do. Go on spoil yourself, because you are worth it.



## LAUGHTER

As they say, laughter is the best medicine. There's nothing better than a good laugh to lift your spirits. If you are not finding much fun in your life lately then make the effort to watch comedies or hang out with people that make you laugh. Mostly importantly, learn to laugh at yourself as well, and not take yourself too seriously. So, you just made a goose of yourself, big deal! Was it funny? Most probably so just laugh along with it. Many of us take life far too seriously and need let go and go with the flow. This is just one big adventure park that we are all playing in. Enjoy every moment of it.



## LIGHT

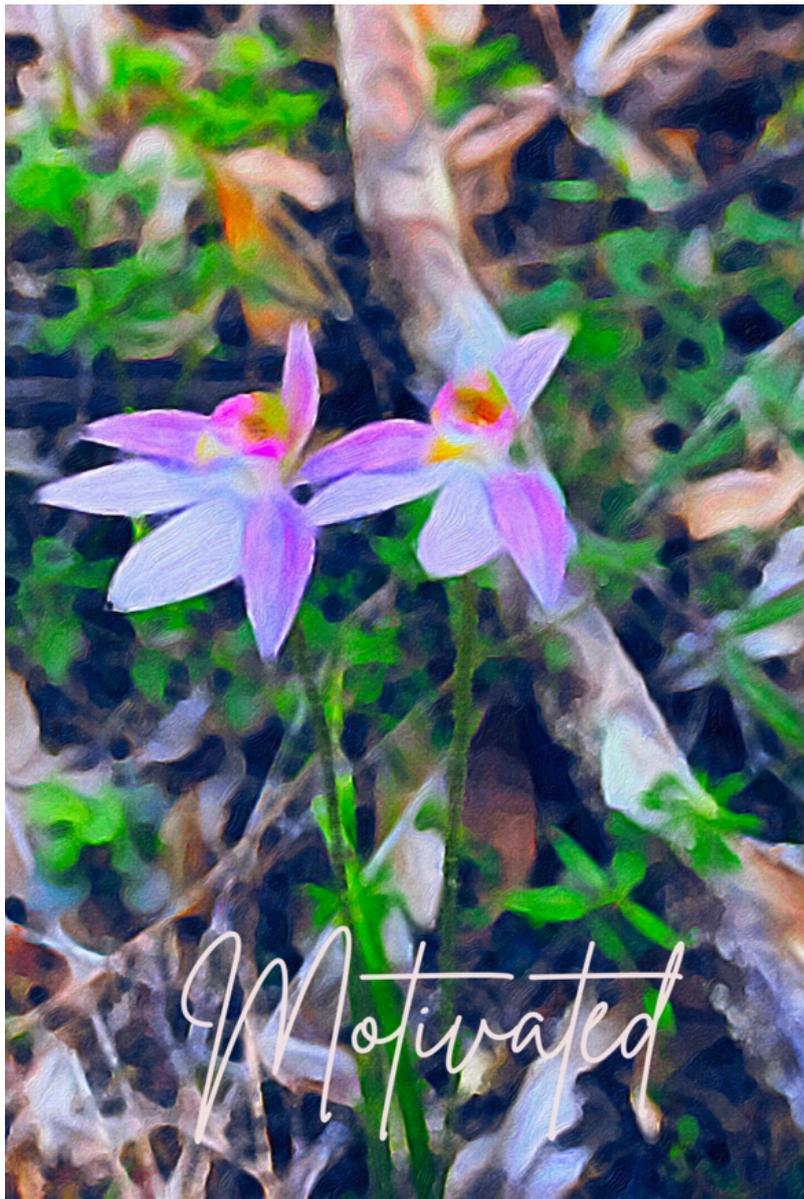
The opposite of darkness is light despite recent challenges you are reminded that you are made from light, you are light, and light always wins over darkness.

This card wants you to remember that whatever dark thoughts are lowering your vibration, they can be 'flipped' and turned into the exact opposite thought. So, what is the opposite of having no money? Having money of course, so think of what it would be like to have money and have faith that it will come.



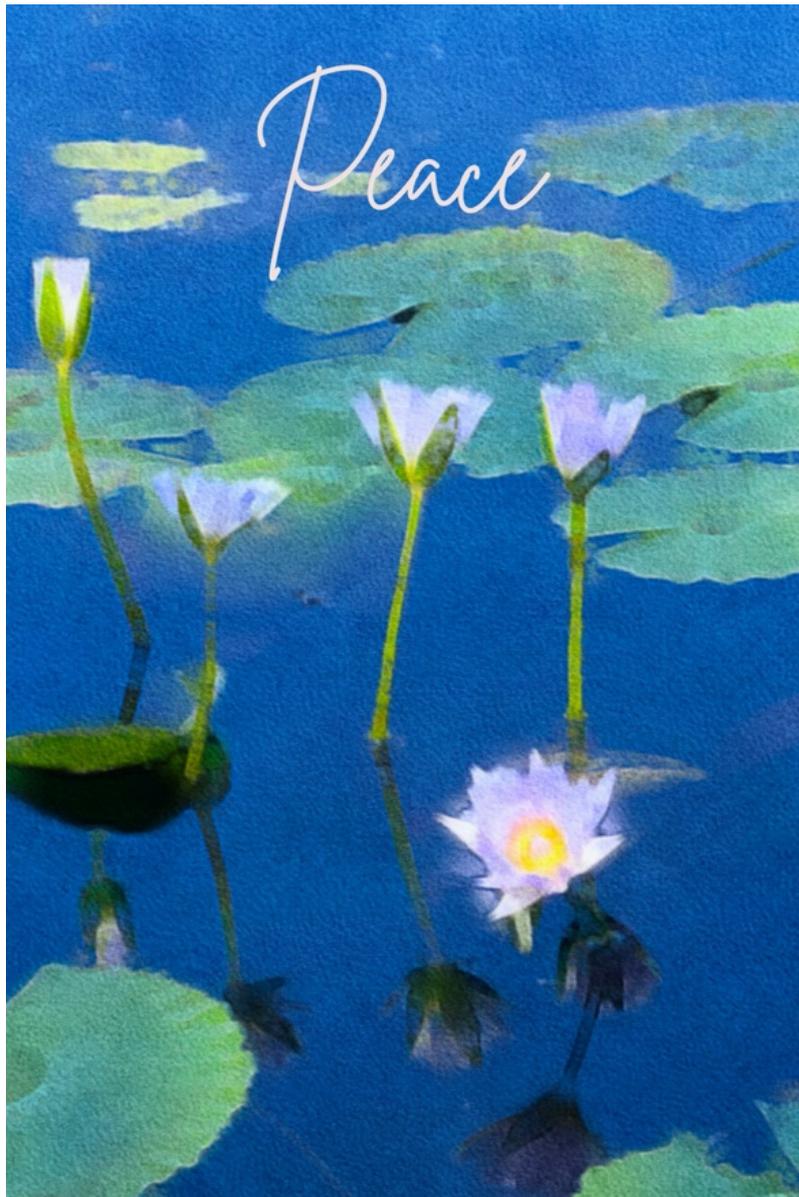
## LOVE

Love is most powerful emotion in the Universe. Love comes in many forms from the love of a parent to child, love of nature, love of God, love of beauty, love of people. This card reminds you that love is everywhere just open your heart and love all things.



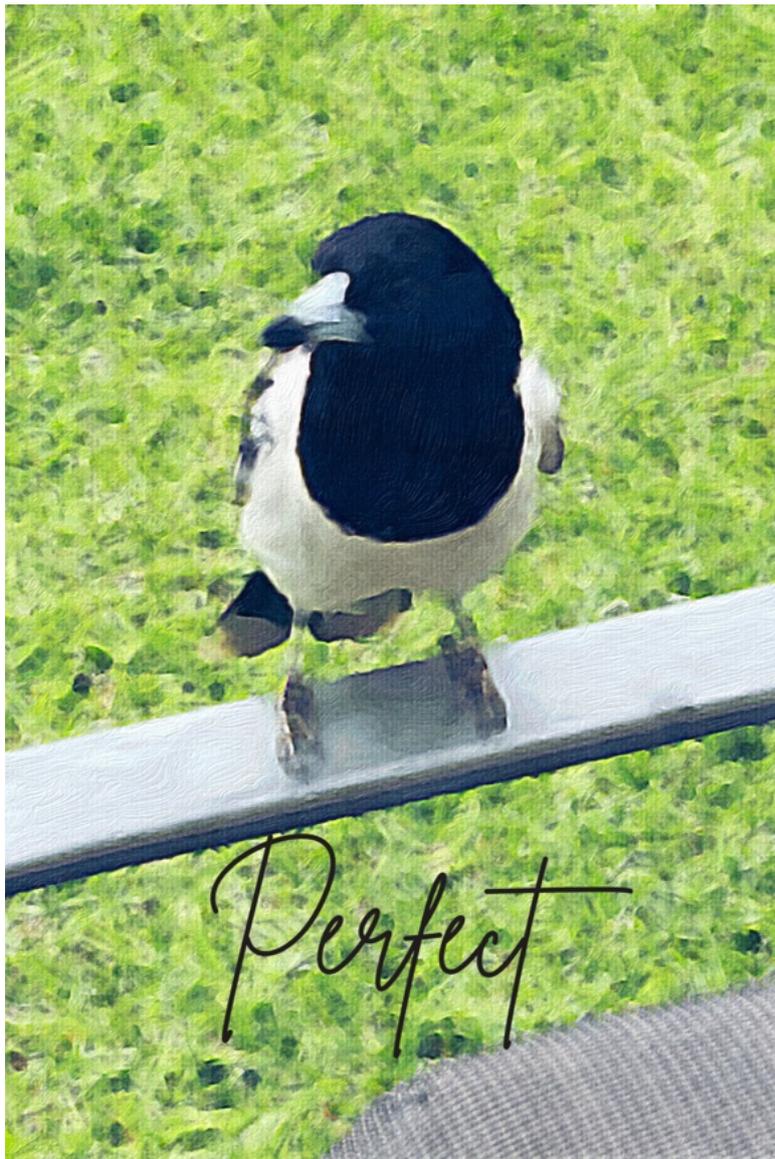
## MOTIVATION

This card has two messages. You may need some motivation yourself, so here it is! Get up and get going. Or, you are clearly a motivated person who has such a drive for life it is infectious. Keep it up! In times of stress and grief it is hard to keep motivated, so give yourself little steps to take to get yourself back on track. Even if it is dragging yourself outside to sit in the sun for 10 minutes a day, or get up to walk around the block. Every time you achieve a step, give yourself a lot of praise and then keep adding more steps. Tough times pass.



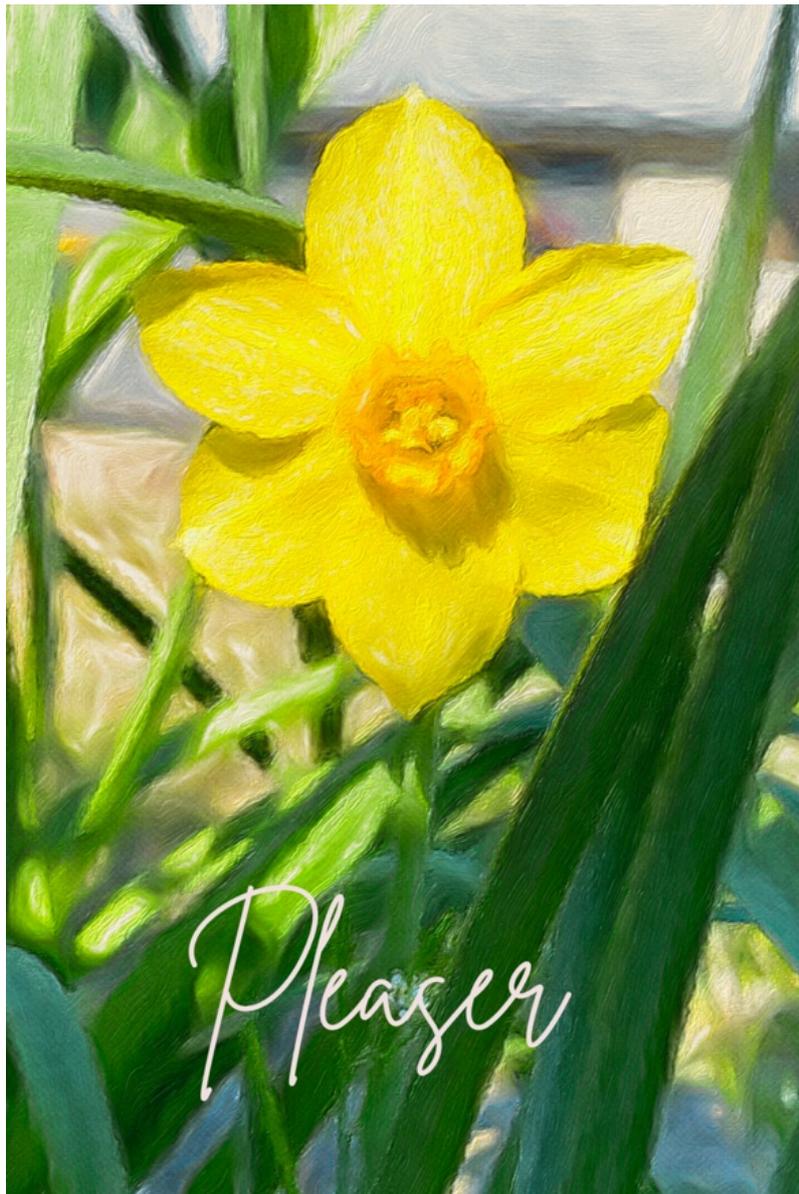
## **PEACE**

It is time to make peace with yourself and forgive any past mistakes you are still carrying around as baggage. This card is telling you to go easy and stop being frantic. If the world stopped turning tomorrow, you would stop turning with it! In the big scheme of things, all your racing around and fretting won't matter when you finally leave this planet. Do you really want to look back on your life and regret all that fussing over nothing? Be peaceful and give yourself permission to take time out for you. The dusting will wait until tomorrow.



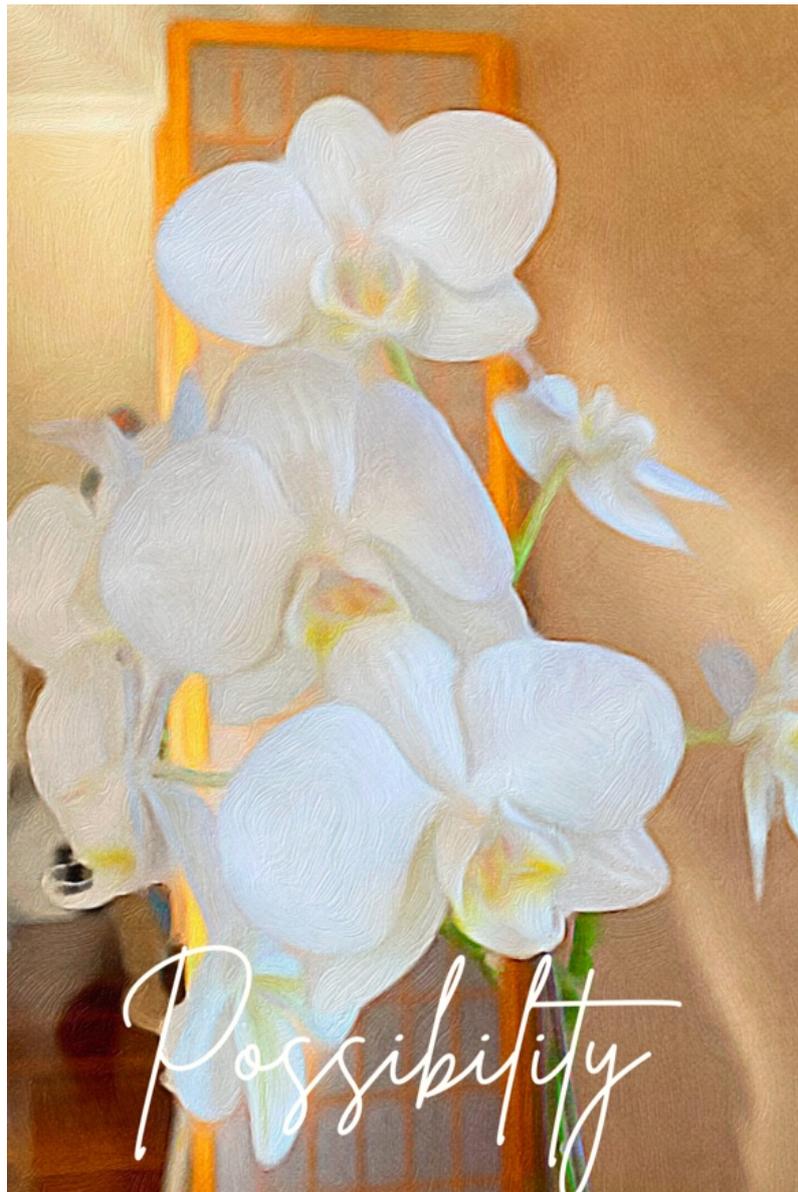
## **PERFECT**

You are perfect! So, don't be too hard on yourself when you find faults and failures about your personality and/or body. You chose to come to this planet to experience life, you chose your difficulties and your good times. You chose your parents. You chose your body. You chose your circumstances. So, you are perfect! You all have freedom of choice and the tools and abilities to change circumstances that you do not like in your life. It all starts in your head with your thoughts, turning them around and lifting your vibrations. When you are in the perfect head space you become more creative. Don't waste this gift of life. Go create and make something of it.



## **PLEASER**

It is a wonderful feeling to have other people happy with you because you are doing what they ask. It might be time to learn to say no and stop pleasing people because you are afraid of what they think of you or you might hurt their feelings. What about your feelings? What about the things you want to do but don't have time because you are the people pleaser? This card isn't asking you to be totally selfish it is just reminding you to please the most important person, yourself! When you are happy, you make others happy.



## **POSSIBILITY**

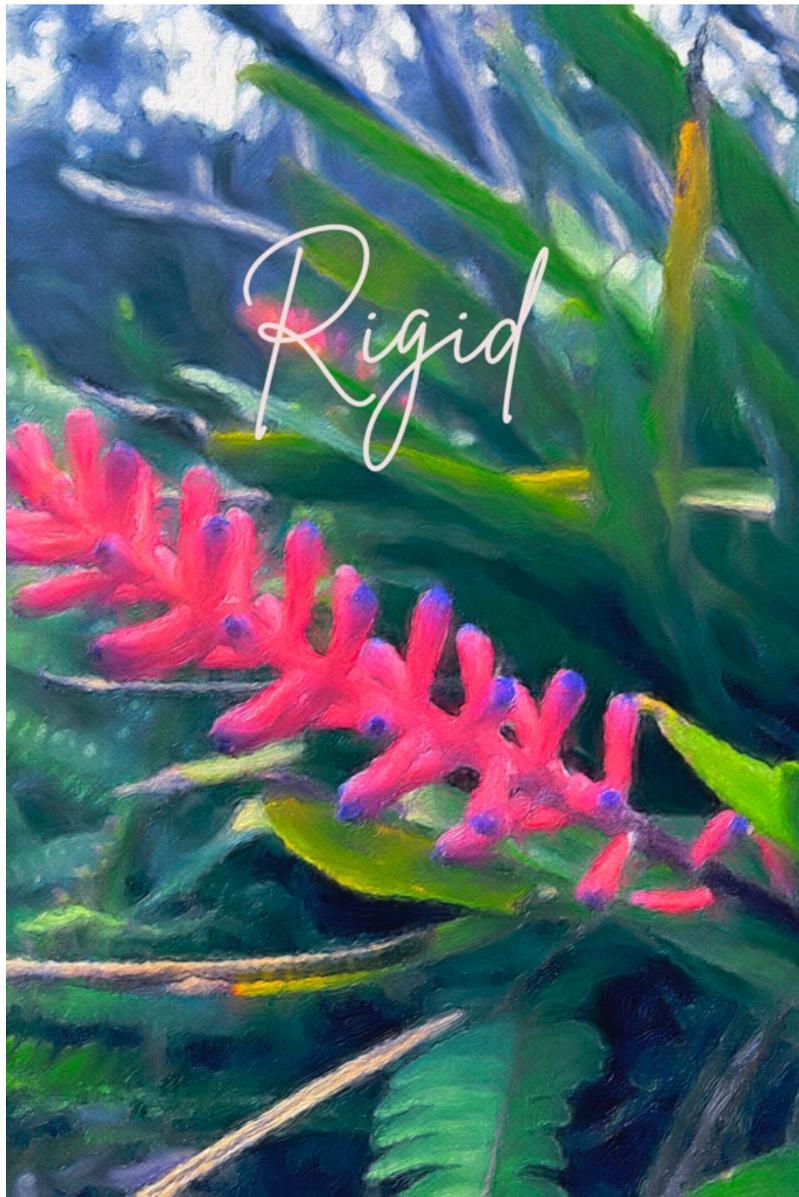
They are endless really! This card is to encourage you to think about all the amazing possibilities that can happen in your life. Magic does happen but you have to give it a helping hand. Never be afraid to dream and dream big! If you constantly imagine and feel yourself living the life you desire, you will find opportunities to help you get there. You just need to look out for them. Stay in a positive vibration, create a vision board, write in your journal daily and go get it! If other people can do it so can you.



## **POWERFUL**

Are you being true to yourself and to others? To be authentic means that you act in ways that show your true self and how you feel. Some people only show a part of who they really are because they fear rejection, or they won't be liked.

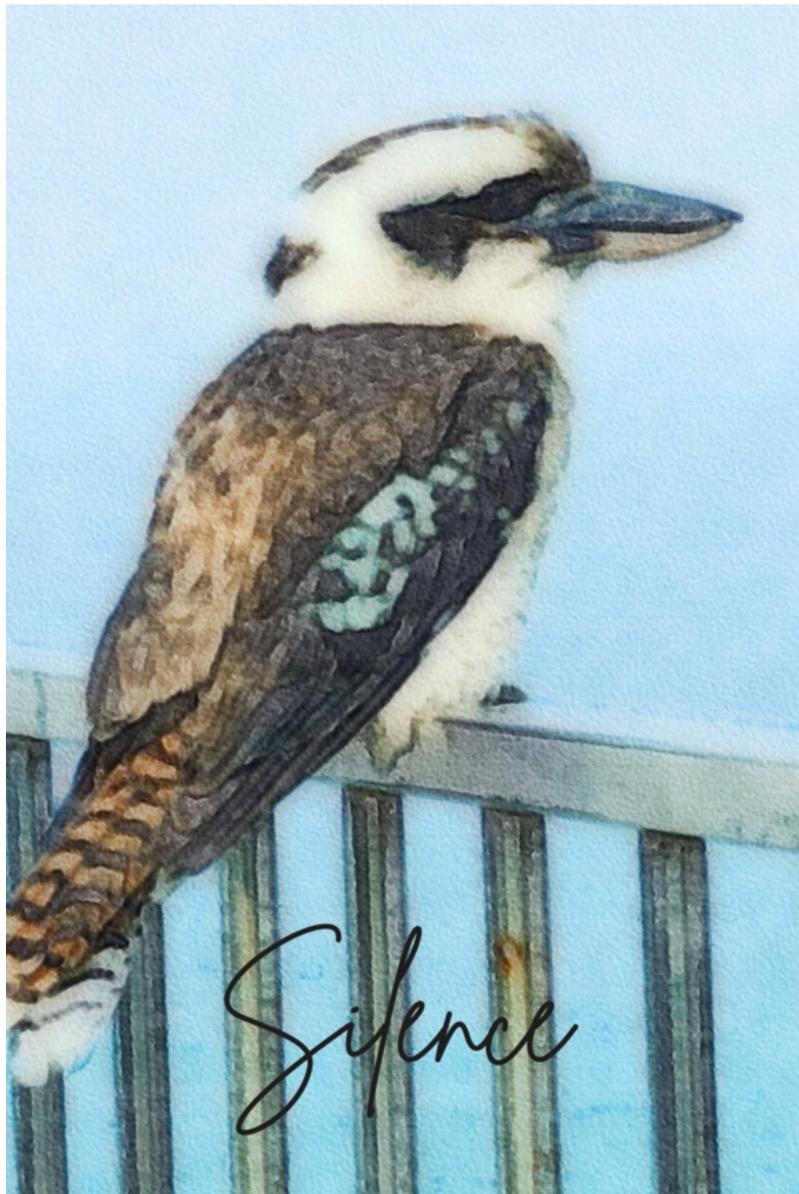
You, as a person are whole and if there are parts of yourself that you don't like then you have the power to change. The mind is a magnificent tool and you are the one in control of it. Go shine!



## **RIGID**

Oh dear! You are a stubborn one are you not? You are reminded that life is a flow and you need to flow with it. Like a river it flows until it reaches its destination such a lake or ocean where it merges as one.

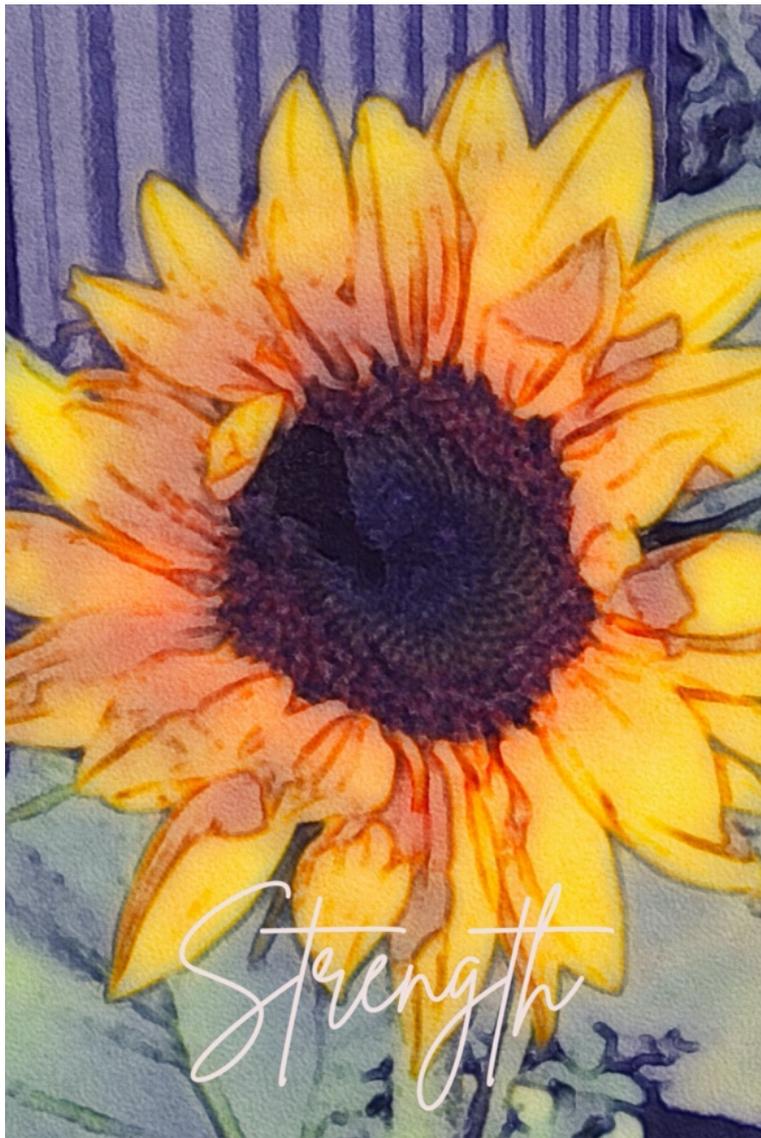
Life was not meant to be strict and rigid. Give yourself permission to let go, ease up on yourself and others and have fun. Don't be tied down to your rules and the rules of others. We dare you to let go and flow with this amazing experience called life.



## **SILENCE**

Do you really need reminding how important meditating is? Our minds are bombarded daily with advertising, worry, things to do and the list goes on. Even 5 minutes of silence a few times a day will help you to calm your mind and see a clearer picture.

One way to be silent is to find something to stare at for a few minutes. Maybe it is a beautiful flower or candle. Give your full focus on the subject and quieten your mind.



## **STRENGTH**

You are mentally stronger than you think! Throughout life there are times when many of us face challenges because that's all part of the game! We learn and grow from these times. Finding your inner strength will help you along your path. There is always something deep inside you that you can lean on when times are tough. This card also indicates that you may need to be strong for someone else when all you really want to do is fall in a heap too! You've got this! No, that tough times do pass. Have the courage to face your fears and obstacles and one day you will look back and say 'boy, that was tough, but I made it'.



## UPLIFTING

Well hello, you are an uplifting person are you not? You have a knack of always being the shoulder to cry on and help others when they are suffering or unhappy. That is a fabulous trait to have as a human being, there is only one problem with this though; you also take on a lot of negative energy. It is important to also take time to uplift yourself. When there is a lot of negative energy around you, it is important to do some cleansing exercise. Maybe you could light some sage and let the smoke circle you or walk through the house and let the smoke permeate throughout. If you can afford a Tibetan singing bowl, sit down in a quiet place

sometime during the day and let the enchanting sounds send their healing vibration through you.



In meditation imagine a beautiful white light coming down from the Universe surrounding your body, then slowly work through the chakras in a clockwise direction. To do this start with the root chakra and imagine the colour red going around and through that part of your body. Do this with each chakra in order as they appear below.



## **VIBRATION**

This card reminds you that how you feel is what will determine what goes right and wrong in life. Remember to always try and be above 5 in the way you feel i.e. a positive emotion. This is challenging at times but with practice and mindfulness you can do it! As long as you can stay away from fear, loneliness, hate, anger, jealousy etc you will stay above the line. Do whatever it takes to keep yourself vibrating at a positive level, it will change your life.



## **WONDERFUL**

Isn't life wonderful? With all the ups and downs, the tests that the Universe puts us through? If you are saying no it's not wonderful right now, then this card is reminding you that bad times pass. It is also asking you to look at the wonderful things in the world, open your eyes and see the love that surrounds you. Maybe it's a little baby in a pram that beams a big smile at you as you walk past. Life really is wonderful, and we only have a short time to be here. Keep your vibration in the positive to attract more wonderful things to you.

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